

Key Action: Partnerships for cooperation and exchanges of practices  
Action Type: Small-scale partnerships in adult education

## Project Title

# Strengthening the eHealth literacy skills of older adults

## Project Coordinator

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## Project Information

**Identifier** 2025-1-EE01-KA210-ADU-000356010  
**Start Date** Sep 1, 2025  
**End Date** Dec 31, 2026  
**EC Contribution** 60,000 EUR  
**Partners** INSTITUT EMONICUM, ZAVOD ZA AKTIVNO IN ZDRAVO ZIVJENJE (SI) , THE HIVE P.C. (EL)  
**Topics** Tackling geographical remoteness and involving rural areas ; Active ageing ; Physical and mental health, well-being

## Project Summary

### Objectives

The eHealth4Seniors project aims to enhance the digital health literacy (DHL) levels and skills of 55+ adults, especially those living in rural areas, empowering them in effectively, confidently and securely using digital health systems and tools for self-management and preventive care, while supporting adult educators in upskilling older learners on DHL in order to fully exploit eHealth services and new technologies to enhance their health wellbeing.

### Activities

The eHealth4Seniors partnership will implement the following activities:

- A1 Project Management, including coordination meetings, evaluation and reporting procedures
- A2 eHealth Literacy Toolkit with training material for both older seniors and educators and its pilot testing
- A3 Community workshops
- A4 Training Activities on eHealth delivered by educators to seniors and post-training Report
- A5 Communication & Exploitation Activities to promote the project's key messages and results

### Impact

The eHealth4Seniors consortium will produce:

- eHealth Literacy Toolkit, including an Assessment Tool for seniors
- eHealthCompEdu Framework, lesson plan and manual for educators
- National Train-the-Trainer activities
- Community Workshops and other training activities with seniors and educators
- Post-training Report
- Dissemination materials (website, social media, infographics, newsletters, etc.) and targeted actions (such as local/national events) in order to promote DHL and awareness.

Link to project card: [Show project card](#)