

ADAPT House Erasmus+ project

The application states:

Each activity will involve participants from the following countries

Montenegro
Greece
Macedonia
Croatia
Estonia
Latvia
Serbia
Albania
Turkey
Ireland

The **APV will be held on 10-13 April 2017 in ADAPT House, Rosbrien, Limerick, Ireland** with one leader and one young person participating from each of the countries listed above.

The APV will involve the Irish participants giving a tour of ADAPT House and a show of work and resources and an introduction to DATS. (Domestic Abuse Teen Support group). The Partner countries will have planned a participatory activity where they develop a quality charter, make identity cards for partners (so that they understand each other's backgrounds) and come up with an image of an ideal world. Together the partners will develop a Code of Conduct for the project, review the Partner Agreements, Risk Assessment, Timetable and Budget. Together they will spend time on discussing and planning the dangers of stereotyping Domestic Abuse and how to ensure that the young people are supported to develop a quality resource, ensuring that they do not alienate the public or undermine the concept. Also time will be spent on an activity that ensures the safety of all participants and supports for participants who are affected by the issues raised.

The youth worker mobility will be from 13-18 JUNE 2017 in Montenegro in the Hotel Sidro, Obala 13.jula, 85000 Bar, Crna Gora

with two youth workers from each organisation but no young people so that the youth workers can learn the skills to prepare their young people for the youth exchanges.

Prima run training programs for peer educators and trainers in the area of violence protection and the fight against violence. Prima will work on planning the training with ADAPT in consultation with other partners.

Suggestions for inclusion in the training programme so far include:

ADAPT's current Healthy Relationships programme
World Cafe (all youth workers present their experience)
Best practice on facilitating issues around intimate partner abuse workshop
The Montenegro Experience
An overview of Erasmus+
Youthpass
ADAPT's teen facilitator's presentation on DATS
Workshops on respect, calibre of work, organizational capability
Prima's training workshops on prevention of violence for Peer Educators and Trainers

Youth Exchange 1: Grove Island, Limerick, Ireland 6 days + 2 travel days. 28th August - 4th September 2017

1 youth worker & 4 young people aged 18-25 years old from each of the ten countries.

ADAPT will lead the teen healthy relationships workshops which will include the exploration of healthy and unhealthy relationships, their impact, and the supports available.

The workshops will use individual, small group and large group work; work sheets, handouts, posters, flipcharts; ice breakers, relaxation music and art work; & digital technology.

Each group of young people will make a presentation on their organisation and prepare for an international evening.

Each partner will facilitate one of the following workshops as agreed in the APV and in Montenegro:

Teambuilding and ice-breakers
Introduction to gender
EU Quiz
Dangers of stereotyping
Media & PR
Film, TV & Radio

Digital technology

Dr Susan Leahy from the board of ADAPT will make a presentation on national and European law regarding gender violence.

ADAPT will organise a healthy relationships speed dating activity

Youth Exchange 2: Limerick, Ireland 9 days + 2 travel days. 25th November - 5th December

1 youth worker & 4 young people aged 18-25 years old from each partner country.

Participants will learn facilitation techniques and share the youth led programme of teen healthy relationships in workshops with teens in schools and youth groups and DEOR public in a show of work. They will be supported by leaders from partner countries.

Participants on the youth exchange will share their learning with younger teenagers and join in workshops in schools in Ireland. All 10 countries will write the workshops thus helping the young people from the continent to work through English and assist them in actively participating with the other young people on the project. Youth leaders from all countries will assist the participants to reflect on the learning from the workshop. The taster teen healthy relationship workshop will be devised by the participants to ensure that it is youth led and current. Similarly they will decide what to include in the DEOR exhibition. This directly supports the EU Youth Strategy and the Irish policy paper Better Outcomes Brighter Futures which highlights the importance of the participation of young people in decision making. This enhances creativity and innovation, including entrepreneurship, at all levels of education and training as recommended by the EU Strategic framework for education and training. The DEOR exhibition will be held during the 16 days international campaign against gender-based violence.